



## BREAKFAST

### SCONES, MUFFINS AND BREADS

Chocolate Chip Pecan • Pumpkin Walnut Bread • Apple Carrot Muffins • Cinnamon Rolls & Sticky Buns • Ask us what's baking

### TOASTS

**Avocado Toast** with goat cheese, balsamic reduction

**BLAT** with bacon, avocado, tomato, lettuce, basil mayo

### LIGHT STARTS & AFTERNOON PICK-ME-UPS

**Chia Pudding** topped with fresh fruit, chia seeds, hemp, flax seeds

### FRESH PRESSED JUICE

**Power Juice** with kale, spinach, parsley, apple, celery, cucumber, ginger, lemon, turmeric

**Sunshine Juice** with orange, pineapple, apple, lime, carrot

### SMOOTHIES

*Dairy, oat or almond milk options*

**Berry Blast** with blueberry, banana, raspberry, strawberry, yogurt or ice cream, milk

**Green Goodness** with banana, spinach, avocado, seeds, milk

**Strawberry Banana** with yogurt or ice cream, honey

### BREAKFAST BOWLS, PANINIS AND BURRITOS

*All come in your choice of a bowl, panini or wrapped in a tortilla*

**All American** with scrambled eggs, potatoes, bacon, cheddar

**Colorado** with scrambled eggs, potatoes, Pueblo green chilis, avocado, black beans, pepper jack, chorizo or chicken sausage

**Farm-fresh** with scrambled eggs, sweet potatoes, kale, goat cheese, basil

## LUNCH AND DINNER

### MILE HIGH SANDWICHES

*All come in your choice of a panini or deli style*

**Avocado Griller** with goat cheese, smoked provolone, avocado, pesto, arugula and choice of chicken, turkey or veggie

**Savory Ham** with Gruyère, cream cheese, spicy beer mustard, caramelized onion, field greens

**Chipotle Adobo Chicken** with pepper jack, chipotle adobo sauce, avocado, tomato, field greens

**Roast Beef** with grilled onion, cheddar, horseradish sauce, field greens

**Turkey in a Jam** with spicy serrano jam, goat cheese, spinach

**California Club** with ham, turkey, bacon, cheddar, avocado, ranch, tomato, field greens

**Greek Chicken Wrap** with cucumber, tomato, herbs, olives, red onion, tomato

**Caprese Chicken** with tomatoes, fresh mozzarella, pesto, field greens

**Not Your Mother's Egg Salad** with sriracha

**Grilled Cheese** with cheddar, provolone, Gruyère, parmesan, tomato

**Italian Grinder** with salami, pepperoni, ham, Gruyère, olive oil and balsamic vinegar, giardiniera

**Veggie** with herb cream cheese, provolone, cucumber, bell pepper, avocado, red onion, tomato, field greens

## SMALL PLATES

### Beer Salsa and Chips

**Pretzel** with beer cheese and beer mustard

**Roasted Vegetable Board** broccoli, cauliflower, carrots, bell peppers, red onion, goat cheese, pesto, grilled bread

### Charcuterie and Cheese Board

**Shishito and Chorizo** with lemon

**Stuffed Peppadews** with cream cheese, chives

**Wings** with a special rub, baked and tossed in Asian sauce or buffalo

### SALADS

**Honey Chipotle Chicken** with field greens, quinoa, avocado, pepper jack, black beans, red onion, tomato, chipotle adobo dressing

**Berries and Greens** with cinnamon roasted nuts, goat cheese, sweet balsamic vinaigrette

**Signature** with field greens, sweet potato, blueberries, bell pepper, almonds, goat cheese, smoky tomato vinaigrette

**Chicken Cobb** with blue cheese, bacon, hard boiled egg, avocado, smoky blue cheese dressing

**Deli Club** with ham, turkey, bacon, cheddar, tomato, house ranch

**Italian Chopped Salad** with field greens, chopped salami, pepperoni, ham, feta, olives, balsamic vinaigrette

*From the farm with rotational selections*

**Orzo Side Salad** with spinach, arugula, basil, bell peppers, feta, balsamic lemon vinaigrette

**Southwest Quinoa Side Salad** with black beans, bell pepper, green onion, lime, cilantro

### SOUP

**Tomato Basil**

**Traditional Chicken Noodle**

**Flatbreads** with your choice of

- Marinara, fresh mozzarella and pepperoni

- Pesto, fresh mozzarella, mushroom, arugula, garlic, lemon

- Marinara, fresh mozzarella, jalapeños, chicken, bacon, cream cheese